



## The Country Register of New Hampshire

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The Country Register began in Arizona in the fall of 1988, to provide effective, affordable advertising for shops, shows and other experiences enjoyed by a kindred readership. Since then the paper has spread to many other areas, all of which are listed below. Look for the paper in your travels. To receive a sample paper from another area, mail \$3 in the U.S.A. or \$4 in Canada to that area's editor. Advertising rates are available upon request. If there is not a paper in your state, contact the editor of the Arizona paper at 1-888-942-8950. The Country Register is available at each shop that advertises and often at other unique locations. We hope you enjoy this bi-monthly publication and let the advertisers know you appreciate them bringing to you.

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The Deadline for the July/August Issue is June 1st for Ads & Articles.

Our feature articles will focus on: Summer Decorating and Projects

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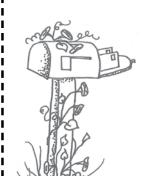
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## A Note from the Editor....



Happy May everyone! It has been a "funny" last couple of months weather wise, but spring is finally here and I couldn't be more excited. We are true New Englanders and we got to experience the meaning of the saying "If you don't like the weather in New England.... wait a minute". The weather sure did keep changing back and forth between flip flops and snow boots, but spring has finally sprung and I am loving it. During May and June I love to get outside and get the yard cleaned up,

the pool opened and the garden decor out (let's be honest.....Doug does most of this not me). I like to use my outdoor space both at the shop and my home as an extension and added space for decorating. Seasonal items such as metal garden art, tobacco lath benches, handmade bee skeps, antique washtubs, Americana buntings and flags, all come out to play and really make the yard and porch areas feel like a getaway for me. We will get the gazebo setup and there is nothing I enjoy more then taking my cup of coffee out and enjoying the first minutes of morning listening to nature and soaking up the spring breeze and the Vitamin D. Spring always goes so quickly and before we know it the kiddos will be out of school for the summer and busy bees we will be. Whatever it is that you most like to do during spring, remember to take time each day and appreciate your surroundings and this journey we are all on.

~ Michelle

#### **Upcoming Events**

May 10th-12th

Bittersweet Blessings
Garden Party Weekend

May 4th

Log Cabin Antiques
Closed for Vintage Market at
Squam Lake

May 10th-12th **Bittersweet Blessings**Garden Party Weekend

May 11th **Primitive Thymes**A Thyme In The Garden

May 18th-19th **Countryberries** 

28th Anniversary Party

May 24th-27th Bittersweet Blessings

Memorial Day Weekend Sale

May 30th-June 1st **Keepsake Quilting**Annual Summer Sale

June 8th **Winterberry Barn** - Closed

June 14th-30th **Bittersweet Blessings** 

Go Big or Go Home Sale

June 22nd Log Cabin Antiques

Closed for Vintage Bazaar

Amesbury, Ma

July 1st-July 14th Bittersweet Blessings

Christmas in July

Advertisers, list your events in our calendar

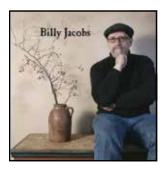


#### Our Search for Cover Artwork -

Across the U.S. and Canada, you can always tell *The Country Register* by it's cover. Our publishers seek to find cover art or photos from the state the paper represents. To that end, we are seeking the work of artists from New Hampshire to feature on our covers. The art must be in good taste and consistent with the theme of the papers.

If you would like your work to be considered, please send an email indicating your interest to michelle@countryregisternhvt.com.

## About our Cover Artist



**Billy Jacobs,** a long time resident of Ohio, started his career in the Country Gift Industry in the early 80's as a woodcrafter and designer.

Billy designed as well as manufactured thousands of country and primitive products throughout the 80's and 90's. In the 2000's Billy turned his focus from woodcrafting to painting. His early folky primitive style was well received by his customers. Billy continued to refine his

painting style and in late 2006 switched from acrylics to watercolors and began his journey painting the rural American countryside. Since then Billy's artwork has taken the market by storm, his depiction of the simple American lifestyle and days gone by bring a nostalgic comfort to the viewer and have made him one of today's most sought after artist.

To view Billy's art prints, go to www.PennyLanePublishing.com or call Penny Lane Publishing at 800-273-5263 for more information.

## GIRLFRIEND WISDOM

In this season of flowers and trees in their great colorful glory, may we find a sense of joy that motivates us to rise up in our faith and give us hope for fresh passions in our home projects, our families, our work, and our friendships. May we walk with a spring in our steps as we climb the stairs of our daily lives. Open every window and take a deep breath of



Progress takes action and this time of year, as we look around, there is plenty of action - bees are buzzing, hummingbirds are zipping around from flower to flower.

Nature teaches us so many wonderful lessons if we only take the time to observe them. From the smallest seeds to the tallest trees we are amazed and in awe each and every season.

GIRLFRIEND WISDOM:

Action doesn't mean, "hurry". Nature has a message for you.

Nature does not hurry, yet everything is accomplished.

Joy & Blessings, ,

Girlfriend Wisdom is written and illustrated by Jody Haughton®.

Color files of this writing and artwork are available: www.JadyHoughtonDesigns.etsy.com

## A Beginner's Woodburning Project By Richard Doucet

The easiest...and least expensive... way to start in woodburning is to pick a project design and material that, if you don't get it just right, the mistake will most likely not be noticed, and that gives you a chance to practice some techniques. This little box is a really inexpensive project, that allows you to create a really nice, useful item for yourself, or, as a gift, and also allows you to add a personal touch. The list of tools and materials you will need are:

**Tools:** Small Phillips magnetic tip screw driver, steel ruler with cork back, small jar with screw on cap, 1/4"X3/8"X12" wooden "measuring stick", a small pair of needle nose pliers to change the hot tips, and woodburning tool with variable heat settings and multiple tips. Available at Hobby Lobby for about \$30.00.

**Supplies:** Wooden, two deck playing card box, 200 grit sand paper, 600 grit wet sand paper (to clean off the tips), base color paint, metal paint, and clear spray enamel finish. All are available at Hobby Lobby for about \$15.00.

Also, you will find one of those bean bags that is warmed in the microwave very useful to rest your hand on as you work.

A quick note on safety here: If you have never worked with a woodburning pen be sure to read and understand all the safety information provided with your pen and be sure that children work only under the supervision of an adult.

The first step is to take the box apart so you can finish-sand the two halves. It is also far easier to work on the box, especially if you try this with larger boxes. Use the bean bag as a rest for your hand, wrist and forearm. Put all the hardware in the small jar...those little screws can get away from you in a heartbeat and then can't be found! If you are working on more than one box use baggies as well. Mark the

baggie and the box, in the area where the hinge will go back on, with a number or letter so the hardware goes back to the same box. Also mark both halves of each box so you put them back together. The boxes are supposed to be mass produced but they are not exactly alike and if you do not put the same hardware back on the same box you may have problems with the two halves and the holes for the screws lining up.

Use 200 grit sandpaper to finish-sand. Work slowly and be careful not to round the edges. Just do enough sanding to get rid of the "fuzzies". Sand with the grain to avoid scratches that may show up later.

All that woodburning around the edges is called burling. It will give you a chance to work with two tips: one to do the straight lines (universal) and one to fill in (flow point). When doing burling follow these four steps: 1 Line it, 2 Scribe it, 3 Edge it, 4 Fill it.

Put the top of the box, right side up, on a nice flat surface so you can "line" the top. Using the measuring stick. Line the stick up with one edge of the box and use a pencil to lightly draw a line along the "inside edge" of the stick on the box top. Using this stick allows you to quickly "line up" the top with nice straight, evenly spaced measurements around the edges of the top without having to spend a lot of time measuring.

Next use the universal tip (it is shorter and fatter of the two universal tips) at the highest temperature setting. Line up the steel ruler (cork side down) on the lines you drew. When you get ready to burn or "scribe the line" there will be no time to let the tip rest on the wood. Hold the pen nearly straight up and use the straight edge to draw a thin line. As soon as you touch the wood it will start to burn and if you leave it there too long there will be a big gouge mark. As soon as you touch the wood draw the tip back in a slow even motion keeping it up against the steel ruler...watch your fingers! Always place the steel rule on the side of your line away from the area you will be burling. This way if the tip "wanders off" it will wonder into the area that will be burled so it won't show.

Step three is to Edge It. Still using the universal tip put the flat side of the tip on the line you scribed and, laying the tip at a bout a 45-degree angle,

draw it away from the scribed line a very short distance toward the edge of the box (into the area to be burled). The next step will require the use of the flow point. This is a round tip and it is difficult to get a round tip to make a straight line. That is why the edge is done with the universal tip. Now that the line has been made wider it will be easier to do the last step.

Four: Fill it. Use the larger flow tip at the highest heat setting and working in small circles fill in the area between the line and the edge of the box. Be careful not to run off the edge and down the side of the box lid. A very light mark might be able to be sanded away but in general you "can't erase in wood burning"

You can use this burling technique to burn the top of the edges inside the box. Place both halves of the box so you can see the inside of each half. Using the flow point burn the edges around the box and the piece that separates the inside compartments. Again, be careful not to slide off onto the outside of the





Burling the inside edges, no lining, scribing or edging required. Note bean bag for hand rest.

Box top showing completed steps of lining, scribing and edging.



box. As you work you may notice that the tip may start to "drag" rather than glide on the wood and it may seem to take longer to get a "burn". This is because the tip is starting to get covered with residue from the wood. Softer woods tend to create more of a problem than hard woods. When this happens use the 600-grit paper to gently brush off the black residue. If the tip is hot brush very quickly or the tip will melt the glue that holds the grit to the paper. After you are done and the tip is cold do a complete clean-up.

To finish the inside of the box, use a "flat finish" base paint and a metal paint to paint the inside. Paint with a coat of the base paint, let it dry, and then a thin layer of the metal paint. The idea is to allow the base color to show through. Good base/

metal combinations are: red/copper, green/bronze, and pink/gold. I prefer to use water clean up paints. Small containers of these are available at Hobby Lobby for under \$2.00 each.

Finish spray your box inside and out with clear high gloss enamel. It may take several coats to get good coverage on the outside but one coat should seal the inside. Use "0000" grade steel wool on the outside surfaces and then give it one last light finish coat. Re-assemble the box and "voila" your first project is finished!

Or, you can add a personal saying or art work on the top before you put a finish on it. Never wood burn on a surface that has any type of finish. It is unsafe and unhealthy to do so. For an inscription or personal note of some type use the computer to compose what you would like to say and then size it to fit the top of the box. Important notes, wood grain is not like paper, you will not be able to make very small letters so use a font and point size that will allow you to work with the mini universal tip. Place the inscription on the box top and tape it down and then slide a piece of carbon paper under it. Use a fine point pen and gently trace it onto the box. If you press too hard it will dent the wood and leave a black line that will not come off. Take off the paper and carbon paper and, using the mini flow point, burn the inscription in.

If a design is more to your interest, I suggest that you find one that you can do in silhouette. Choose a subject that is very well defined and recognizable... say a profile of a moose head... when done only in silhouette. Again, go to the computer, find your subject, size it to your box, trace it and then burn it in. With the silhouette style you will not have to worry about details such as eyes and shading to produce shape and proportion. Use the mini universal and mini flow points at the highest setting.

When finished you will have a nice box for yourself or as a gift...they make an excellent first jewelry box for a little girl!

That's it for this issue. Relax and enjoy your project!

Next issue: How to prepare aged and rough-cut lumber for woodburning projects.

## The Country Register





## TEA-riffic Celebrations for Moms and Dads

As a mother, I've appreciated the love and honor expressed to me over the years by my children, Anita and Jonathan. Their Mother's Day gifts of "I love you" shrinky-dinks made by little hands have been replaced by gifts of flowers, restaurant gift cards, photos of grandkids, and help with home projects.

The youngest of nine children in my birth family, I also enjoyed making Mother's and Father's Days special for my parents. Now as a grandmother, I like to encourage my grandchildren to honor their parents, and I hope to encourage you to try a few fun ideas as well.

#### **Celebrating Mother's Day**

In 1914, President Woodrow Wilson signed a proclamation that designated the second Sunday in May as a day to honor mothers. More than 100 years later, we still celebrate this special day. How can we honor the mothers in our lives? Here are a few TEA-riffic tips to do so.

Select a menu your mother (or a special woman you wish to honor) would enjoy. When moms and grandmas were asked what they would like, they mentioned quiche. So how about serving brunch? The menu could include quiche or an egg dish; sweet bread, coffeecake, or my Favorite Bundt Cake (see recipe); individual cups of fresh fruit; sparkling cider; and hot tea.

Choose a theme and gifts that reflect your mother's interests. My mother enjoyed gardening and hospitality. One year I bought her an indoor watering can and personalized it with tulip drawings and words of love. Another year I gave her a teapot with pink roses on it.

If you have grandchildren, encourage them to honor their moms. One year I invited my daughter's two young sons over before Mother's Day and helped them bake their mom's favorite pineapple upside-down cake. My preschool grandson did a good job of putting the maraschino cherries in the center of the pineapple rings before he ran off to play.

#### **Celebrating Father's Day**

In 1910, Sonora Smart Dodd founded Father's Day. The first celebration that June was at a YMCA in Spokane, Washington. Sonora honored her father, William Jackson Smart, a Civil War veteran and a single parent who had raised her and her five siblings. But it wasn't until 1972 that Father's Day became a federal holiday.

What type of meal and theme would your dad enjoy? Maybe a picnic? If so, a deck, backyard, or park would make a fun and casual setting on a sunny day. My son and husband both like barbecued ribs, potato salad, baked beans, fresh fruit and veggie sides, and iced beverages. To keep tea in the theme, include bottled iced tea or make an easy-brew iced tea by steeping four teabags in a quart of cold water in the refrigerator for two or more hours. Serve the tea chilled with ice cubes. And if your dad likes sports, such as baseball, my "bundt" cake recipe would fit the theme.

When selecting a gift for Dad, think of his interests and tastes. Maybe he'd like a gift card to his favorite restaurant or tickets to attend a sporting event with you. My husband often took our young son to baseball games. Later our adult son would buy a bag of peanuts and take his dad to watch a Mariners' game.

As young adults, our children made a magazine cover for their dad and framed it as a gift. Along with a handsome picture of Milt in a tux, it said "Father of the Year!" in large letters. What father wouldn't enjoy that type of affirmation?

Another year they wrote things they liked about him on slips of paper. Then we put those slips inside balloons and made a bouquet of helium balloons. We used them to play a game we called, "You're the Best Pop." Milt had to sit or stomp on the balloons and pop them to find the messages inside. Noisy and fun!

Mother's Day (May 12) and Father's Day (June 16) offer great opportunities to stir up creativi-TEA and find ways to honor our parents. Also, the Old and New Testaments encourage us to do so and offer a blessed promise when we do! Ephesians 6:2–3 NIV says: "Honor your father and mother"—which is the first commandment with a promise—"so that it may go well with you and that you may enjoy long life on earth."

Whom can you honor this year?

Lydia E. Harris has been writing this tea column for 20 years. No wonder her five grandkids call her "Grandma Tea." She is the author of Preparing My Heart for Grandparenting: For Grandparents at Any Stage of the Journey. Her new book, In the Kitchen with Grandma: Stirring Up Tasty Memories Together, is available to pre-order on Amazon.

## **From Lydia's Recipe File:** Favorite Bundt Cake

This family favorite recipe tastes rich like pound cake and has a ribbon of

sweetened cinnamon-nut filling in the center.

Preheat the oven to 350 degrees.

Thoroughly spray a 9½-inch bundt pan with nonstick cooking spray.

In a large bowl, cream together:

1 cup butter or margarine, softened

2 cups sugar

2 eggs

Fold in:

1 cup sour cream

1/2 teaspoon vanilla

In a separate bowl, mix together the dry ingredients:

2 cups flour

1 teaspoon baking powder

1/4 teaspoon salt

Add dry ingredients to the creamed mixture and mix well.

#### **Cake Filling**

Mix together:

2 teaspoons sugar

1/2 teaspoon cinnamon

1/4 to 1/2 cup chopped walnuts or pecans

Spoon half the batter into the prepared bundt pan. Sprinkle the batter with the filling mixture.

Put the remaining cake batter on top.

Bake for 50 to 60 minutes, or until a toothpick inserted in the cake comes out clean. Let the cake sit in the pan for 10 minutes. Then loosen the sides with a table knife and turn it upside down on a cooling rack. When cool, dust with powdered sugar.

Fill the center hole with a small bouquet of fresh flowers or fresh fruit, or place a pillar candle in the middle of the cake and light it.



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## Slices of Life ... My Little Sister

By Sherry Osland

While living on a dairy farm in southeast Kansas, my siblings consisted of my sister three years older than me, a brother younger than me by two years, followed by fraternal twins four years still younger. Back then, we lived through hot summers without air-conditioning. Ugh! For those too young to remember such a time, think HOT, HOT, miserable HOT! The only relief was wearing light-weight cotton clothing and hanging wet cloths so fans could blow air through them for a bit of a breeze – ANY breeze. I can't fathom even earlier days before there were electric fans!

The summer that the twins were 2 years old, it was particularly hot and miserable. I'll never forget in my 6-year-old mind the picture of my little sister lying on a sheet on the dining room floor in just her little panties. She was sick and feverish and slept a lot that day. Mom was worried and tried everything to cool her down.

Just as my family had experienced a miracle five years earlier when our house burned to the ground (but we safely got out) we were about to receive yet another one.

If you've never seen anyone go into convulsions, believe me, it's a horrific experience no matter what age you are. Most of the telling of this story is hearing about it in later years when I was old enough to better understand, but seeing her convulsions are forever in my memory banks. As my sister's fever spiked higher, my folks rushed her to our family doctor. Upon examining her, he put her in an ambulance, with the words, "I don't think she's going to make it" and sent them on to the area's larger, renowned medical center. Later, Mom told of riding in the ambulance that night kneeling on the hot floor – her knees burning from being over top the exhaust. The ride to the medical center was interminably long. When the doctors met them there, my folks were, again, told she likely wouldn't make it. She went into a coma. Her temperature had reached 107 degrees and "if" she came to, she would most likely be a vegetable. The doctors found she had been bitten by an infected mosquito. The diagnosis was viral encephalitis. My folks told of sitting those days by her bedside waiting, watching, praying for ANY minute sign of recognition or movement from her.

Meanwhile, the other four of us kids were parceled out to aunts and uncles. We weren't aware what was going on except our sister was very sick, even Mom and Dad were scared and, all of a sudden, they went away. We rarely stayed overnight anywhere, and we were never away from Mom and Dad for any length of time. The aunt and uncle (bless their hearts) who kept me and one of my brothers had no children of their own at that time, but my aunt came up with fun things to keep us distracted and pre-occupied. They had a picnic table in the yard and a garden full of cucumbers of all sizes. My aunt put the BIG ones on the table, gave us table knives, toothpicks, marshmallows and let us create all the animals on Noah's Ark that we could think of! All of this was a very novel experience for us.

Back at the medical center, my sister had had a trach put in because she had been unable to swallow. Finally, on the sixth day of her coma, a couple of things happened.

A bit of background here . . . Just like a lot of families have that one specially loved dog, our family also had a specially loved horse. His name was Duke, i.e. Dukie-boy to five little kids. Duke was a beautiful sorrel gelding that Dad had raised from a colt. He had a most gentle disposition, and Dad had worked with him to make sure he would be safe with his five children. (My Dad was a horseman his whole life; starting when he rode a pony to and from country school when he was a tyke to round-ups by horse on a ranch in Western Kansas.) We have family movies of Duke with all five of us sitting (in graduated sizes) on him – filling his back from neck to rump! The movie shows Dad dropping the reins, getting on his hands and knees and crawling under Duke's belly, around and through both front and back legs. Then he stood up, grabbed Duke's tail and leaned at an angle away from him. Duke stood nonchalantly relaxed, not moving a muscle except to let Dad through his legs. How we loved and trusted that horse!

Well, on that sixth day, Dad had my sister in his lap telling her everything he could think of about Dukie-boy. He held her with one hand and had an Eskimo Pie ice cream bar in his other hand. All of a sudden, she came to and reached for the ice cream bar!! Without thinking about her throat, she took a bite and swallowed! With that and the light in her eyes, Dad said he knew she was going to be ok. He had his little girl back! I think she had one or two tests back at the medical center in future years. I believe the last one was while she was in high school. She never tested anything but normal.

God used the love of that horse and ice cream to bring her out of that coma and it was the beginning of her recovery. The trach scar on her throat was one of the everyday reminders of what she had come through. In grade school, she became self-conscious and embarrassed by the scar because no one else had one and kids would ask her about it. It was probably Mom who began calling it her butterfly and made it into something really special. To this day, my sister has her special butterfly and we still have our beautiful sister as another of our family's miracles!

God is good.

Written by Sherry Osland of Praise Works Quilting in Abilene. sherryo51@hotmail.com. Sherry formally wrote the Quilts That Redeem column for The Country Register.

## The Fine Art of Porch Sitting

by Kerri Habben

At this time of year, a vital thing to do is porch sitting. If you don't have a porch, a front or back step will do. Or a folding chair. As long as it is a place to pause and do absolutely nothing.

Though, by doing nothing, I actually mean doing something. Like watching the colors of vehicles as they pass by, listening to kids bounce a basketball or seeing someone jog by and knowing you should get up.

But you don't. Because if you did, you would no longer be porch sitting. The philosophy is to be still and pay attention to the little things.

Albert Einstein wrote, "There are only two ways to look at your life... one is as though nothing is a miracle, the other is as though everything is a miracle."

If you are porch sitting with the proper mindset, everything before you is a miracle. From a blade of grass to the tips of the trees, you feel the resilient life energy surrounding you. It recharges you in a way that you didn't even know you needed.

To achieve this affirmation in porch sitting requires practice. Sometimes hours and sometimes lots of sweet tea.

Another point of porch sitting is to merely observe. For example, a gray-haired lady wearing turquoise walks by. You notice this, absorb it and then release it as you shift your attention to whatever comes along next.

There are moments when you realize that the porch needs sweeping and weeds are sneaking into the petunias. But you do not get up. Not yet. You will get everything done that needs doing. However, right then, you are porch sitting.

I like to sip a coffee on the back step in the early morning. I watch the sun sliding up between the pine trees. I smile at the maple leaves glimmering like pale emeralds with the light behind them.

I hear the neighbor's dog come out and I watch him. He is a little black dog who has extremely sensitive hearing. If I use the utensil drawer that squeals and he is outside, he barks.

Between you and me, I have my own title for this dog. In college, I read Goethe's Faust, wherein the main character makes a selfishly ill-guided pact with the devil. The character of the devil is named "Mephistopheles" and first appears as a little black dog. Ever since, every little black dog I see receives this name in my head.

I know. This likely isn't normal. Yes, please pray for me. And if you have a little black dog, I apologize.

Anyway, the dog wanders, then my neighbor comes to the door and calls him. He cocks his head to one side, pauses and then wanders a little more. The neighbor's voice changes pitch and the dog repeats this routine. This occurs about four times until my neighbor hits just the right tone and the dog darts inside as if a genuine Mephistopheles is chasing him.

If I didn't porch sit, I would miss that moment.

However, the most important part of porch sitting is to share it with those we cherish. Generations of families and friends porch sat together and it is only in more recent times that we have seemingly forgotten how.

You are more than welcome to porch sit with me. I'll pour you a glass of sweet tea and we'll watch the world go by together.

Just promise not to tell my neighbor what I secretly call the dog.

Kerri Habben is a writer, photographer and crochet instructor living in Raleigh, NC. An avid crocheter and knitter, she learned these skills from her grandmother and mother. She donates many of her yarn creations to those in need. Kerri has gathered a decade of essays she is working to publish. She can be reached at 913 jeeves@gmail.com.

#### LAKES REGION



Part 4 by Barbara Floyd, Founder of The Country Register



Deadlines!!! I seem to need them still. Here I am at final deadline time for this article. My good intentions were to have several articles ahead of time before January. I knew a good month or more in advance that on January 8th I would be having major fusion surgery on my lower back. It took months and almost seven years of pain to get to that conclusion and go through

all the necessary hoops to arrive at this point.

It included picking a time when my daughters could leave their busy lives and become my caregivers for a month. I did not know my oldest sister's health would pick the same time to spiral downwards. She had not been in her best of health for the last four years! The day after my surgery she turned 85 and the following week her journey here on earth ended as did her suffering from congestive heart failure. She will be greatly missed forever.

One of my comforters and supporters during this past month is Lydia Harris. Many of our readers will recognize her "A Cup of Tea with Lydia" articles. We actually met in Walla Walla, WA, along with Country Register publisher Glena Dunn of Nevada. Glena and I are often in Walla Walla at the same time as we both have family there. One June, years ago, we met up with Lydia, who lives in Western Washington, and we enjoyed a delightful tea lunch at a local tea room that has since closed. Lydia has been writing a tea column for *The Country Register* for twenty years. That is a lot of columns and she amazes me.

The publishers get to choose their own writers and many have included Lydia's column. Her five grandchildren call her "Grandma Tea" and, in this coming August, her new cookbook, In The Kitchen with Grandma: Stirring Up Tasty Memories Together, will release from Harvest House Publishers. I have appreciated Lydia's friendship through these past twenty years and her welcome emails, often in the evening, just sending a "tea-lightful" note or



Leepsake Quilting

sharing life's experiences or a recipe or two. Sometimes her hand-written notes include some special tea bags, so I enjoyed a new flavor she sent when she heard about my sister. I drank it out of a cup my sister had given me in

I can't begin to tell you of all the many and varied writers who have contributed to the interesting and successful content in the papers over the years. I am so grateful to them all! Many recipes have been shared. A number of writers are within the quilting circle. Marlene Oddie of Washington was living in Walla Walla when I first met her and her parents were living in the Phoenix area. Her articles, "KISSed Quilts," appear in many of *The Country Registers* and she now lives and has her shop in Grand Coulee, WA.

In looking at back issues of The Country Register of Arizona from 1991 through January 1992, I found local features, including many articles generated by our office, which then consisted of a part time graphics person and myself. There was no network of writers or publishers and there were still just the Arizona and Michigan papers. We promoted lots of bed and breakfasts and often did feature articles on them as well as various local shops. Goose collecting was exchanged for cows. It is interesting how trends (story continues on p. 9)



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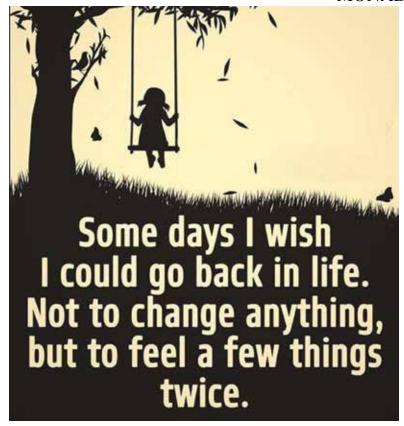
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#### MONADNOCK REGION



## **Shopping For Memories**

By Joyce K. Thompson

So many times I have been in an antique shop and overheard someone say "Oh wow, my grandmother had that exact item!!" And, we've all heard the saying "Everything old is new again." People get into the antique business for various reasons, but the one commonality is that it reminds us of the days gone by, the family members, and the good memories of simpler times.

I was at a flea market hanging out with a friend recently. A man in his 30s came up to the booth and inquired about a Copenhagen Snuff tin that was for sale. I think he paid \$10 for it. As soon as the transaction took place he began smiling from ear to ear. "This is what my grandfather used to chew," he said, beaming, "The stuff sure was nasty, but boy this reminds me of my grandfather!" He walked off with his newly acquired possession, practically skipping as if he was actually arm and arm with his grandfather.

This is the kind of thing I see all the time in the antique business. People truly love connecting to the memories of the people and places that they hold in their hearts. It's interesting and fun and challenging, to go around collecting the material possessions that our relatives and loved ones once had, but wouldn't it be even more fun if we could slip into that way-back old time machine and actually re-create those experiences?

For example, what if we were to turn back the clocks and head back to the weekends of our youth. My family always spent Saturday nights visiting with my paternal grandmother. She lived with my aunt and uncle, so there was always quite a few of us gathered there. We have so many memories of us sitting around the table just talking and laughing about what went on during the week. With no cell phones or emails or computers, we did all our catching up around the table. Everyone was so busy working during the week that they didn't have time for chit chat, so Saturday nights were the time to relax and catch up. My dad and my uncle would sit in front of the baseball game or some sort of newsy talk show, have a Pabst Blue Ribbon, and talk about their "guy stuff." In the kitchen, us girls would have our own type of fun. My aunt June was one of the original "chocoholics" and she would seek out delicious baked goods when she did her weekly shopping on Saturdays. We couldn't wait for her to open up that big white bakery box, tied with the red and white string, to see what she'd gotten on a particular week. Many times she'd serve up some big chocolate cupcakes with swirled frosting. Some weeks there were brownies, or corn bread, figure-eight danish with lemon and raspberry jam. On occasion she would serve something a bit more savory and the specialty would be Cooper cheese. She would get it at the butcher shop. For those of you not familiar, Cooper cheese is a mild American cheese, and it was packaged in little wooden boxes. Funny enough, those wooden boxes are now coveted at all the country shops and antique stores. People love to collect them. They make nice display pieces and are great for holding all kinds of things. A fellow antiquer friend of mine went to an auction a few months back and couldn't believe how much a stack of those wooden boxes sold for! The winner just held his bidding card up and up until he won the whole stack at an exorbitant price.

On those Saturday nights of my youth, I had no idea what a coveted commodity these wooden boxes would become. We were too engrossed in

our delicious snacks to worry about anything but the moment at hand. One night, we decided we would mix the savory and the sweet. We tried a slice of Cooper cheese on top of a brownie, and then on top of a chocolate chip cookie, and the results were scrumptious. For the most part tho, we stuck to the sweet stuff, getting high on the sugar, and laughing 'til the tears ran down our legs. Sometimes we'd move our sweet soiree into another room, and my aunt would play record albums. Nowadays, record albums are simply referred to as "vinyl," and they are making quite the comeback. My aunt would spin the records on a big stereo. In those days the stereo was a piece of furniture bigger than a casket. We'd listen to everything from Eddy Arnold to the Glenn Miller Band, dancing and singing until the sugar wore off. By the end of our visit, we'd meet up with the guys in the TV room and watch the Lawrence Welk show. Each week the show would end with "Adios, Au Revoir, Auf Wiederseh," and then we'd say our own "good nights" until the next Saturday night when we'd do the same thing all over again.

On Sundays we visited my mom's parents. The TV never got put on there, we entertained ourselves. Dad and Grampa would sit at the kitchen table. The rest of us would sit on the front steps or in the screen house, always spending a great deal of the time outside. We'd spend time in the garden and eat fresh picked tomatoes still warm from the sun, passing around the salt shaker. We cooled off with the garden hose. We had rides on the back of the pickup truck, and rides in the old garden trailer that the tractor pulled. When we were called back inside, we would make sure to walk by the old box fan that was cooling off the house. Of course we'd stop to talk or sing into the whirring fan to hear our voices change like robots, each time laughing harder than before. On special occasions the farm hands would sit on the floor of the kitchen, playing guitars and singing old John Denver songs, Kumbaya, and other folk songs. My grandmother would have a giant bowl of cucumbers sliced up in vinegar, and that was enough of a treat for everyone. In the winter time, we spent time out of doors as well. Tobogganing and rolling around in the mounds of snow. We laughed when Aunt Kathy sat down on the wood stove to warm up, and burnt the seat off her snow pants. Another time one of the cousins went walking on the old horse trough, to see if it was frozen enough to hold his weight, and fell right in and got soaking wet up to his eyeballs, quickly turning purple in the arctic temperatures.

These weekend adventures and simple times spent with family, with no cell phones and electronics to distract us, were just good old-fashioned fun. I wonder if maybe while we are out wandering thru the antique shops, perhaps it's not grandma's bowl, or auntie's cookie jar that we are searching for, but rather the good times with the people themselves. It sure would be fun to "schedule" in some of these impromptu weekend visits of yore. I guess when I'm out shopping I'll keep my eyes open for that way- back time machine to purchase after all.

Joyce is the owner of Joyce's Junque with booths full of vintage kitchenware, books about New England and more. If you would like to contact her to share your story of yesteryear, please contact her at koalajoy@hotmail.com or look for her facebook page, Joyce's Junque.

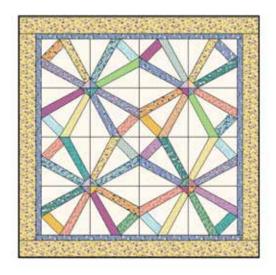


## The Country Register

#### MERRIMACK VALLEY

## Hello Spring!

by Deb Heatherly



For some reason I am even more excited this year than ever that Old Man Winter has finally left town. Longer days means more sewing time, better lighting and an abundance of color inspiration right outside my studio window. It also means it's time for me to change the decorations on the porch just outside of the studio.

I love to use mini quilts throughout my home and change them with every season. This week, I pulled out several

that always make me smile. These pastel cuties will stay in place until I begin to feel patriotic and change to red, white and blue quilts in late June. It's funny, but even the UPS guy seems to enjoy the seasonal changes and always makes a remark while I sign for the latest delivery.

This little yellow quilt has always been one of my favorites. Simple paper piecing makes it quick and easy to complete. The blocks finish at 3" and are set in four rows, each containing four blocks. The overall quilt is just 16 ½" once borders are added. I chose 1930s prints in a variety of colors but this mini quilt would be just as cute in any color combination. Use it on a table, in a basket or hang it like I did. No matter where you place it, it's sure to get noticed.

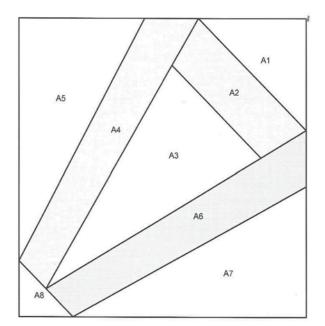
You can also enlarge the blocks and/or add blocks to make this quilt any size you wish. I hope you'll send me a picture of your creation. I'd love to see what you did with this design.

#### **Fabric requirements:**

- ½ yd. white
- Scraps of 30's prints
- ½ yd. blue for inner border
- 1/3 yd. yellow for outer border and binding

#### **Directions:**

- Print (16) foundation patterns at 3 ½" (3" finished).
- Piece the blocks using white in the A1, A3, A5, A7, and A8 positions. Use a variety of colors in the A2, A4, and A6 positions. Use a colored pencil and color in the areas if needed so that you do not get confused.
- Trim the blocks on the outside line and piece the blocks in rows. Sew the rows together to complete the quilt center.
- Cut (2) 1" WOF blue strips for the inner border.
- Cut (2) 2 1/4" WOF yellow strips for the outer border.
- Remove the paper and layer with batting and backing.
- Quilt as desired.
- Cut (2) 2 ½" WOF yellow strips (or width of choice) for binding.



Deb Heatherly is a designer for Creative Grids® rulers and tools. When not in her studio, she is on the road doing Creative Grids® lectures and workshops for guilds and shops across the country. She is the designer of the Creative Grids Cat's Cradle tool, Strippy Stars tool, Turbo 4 Patch, Ultimate Flying Geese tool, and Cat's Cradle XL. She is the author of the books 'Cat'itude, Strippy Stars, 4-Patch Panache, The Ultimate flying Geese Book, and Catitude XL. Visit her website at www.Debscatsnquilts.com. Creative Grids® fans are invited to join her Facebook group page, Grids Girls, for tips and inspiration https://www.facebook.com/groups/770429649800457/. You can contact her at Debscatsnquilts@aol.com.

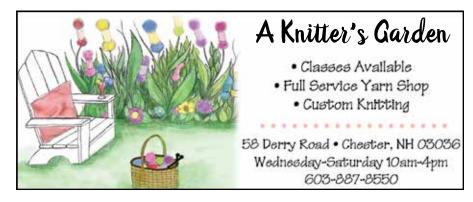
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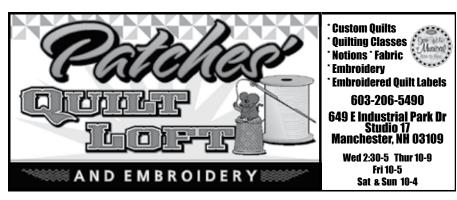
cycle—certain styles of cows and other animals have been a big part of home décor over the years and the Farmhouse style is enjoying a surge in popularity. Former country gift shops still exist but often with new twists on their names. It is my feeling that the vintage revival that has been going on for years has replaced many shops of the early '90s.

The two original newspapers are now part of a huge network with papers available in forty-two states, five provinces of Canada and at www. countryregister.com. The Publishers who bring you the papers—and I—hope you enjoy your 2019 Country Registers and that they help you find new shopping excursions and events, both at home and when you travel.

Barbara Floyd enjoys her downsized lifestyle in Phoenix, AZ, and her visits to see children, grandchildren and a great grandchild in Tri-Cities and Walla Walla, WA, Cumming, GA, and Ft. Wayne, IN. She created and volunteers to put together Love of Junk, Walla Walla's Vintage Market on her oldest daughter's farm in Walla Walla each June. She can be reached at barbara@countryregister.com.











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## For the Love of Lupines By Melissa Rossetti Folini

Miss Rumphius



The first time I ever heard of a lupine flower was when I was looking for picture books for a story time I was hosting when I was the Director of our Town Library. I came across "Miss Rumphius" by Barbara Cooney and I immediately fell in love with the story and with lupines as well! This award winning book, based on the real-life "Lupine Lady from Maine, Hilda Hamlin, is about a young girl that tells her grandfather her two wishes for her life. She wishes to travel the World and to one day have a home by the sea. Her grandfather tells her that there is also third thing she must do, and that is she "must do something to make the World more beautiful." The story follows Alice Rumphius throughout her life where she becomes a Librarian, travels the World, and does indeed retire to a home by the sea. It is there she realizes she has not fulfilled the third

She had planted a small garden outside her window to look at when she was sick and she noticed that some of the lupines had "wandered" to nearly hills and fields. This gave has the idea of

to nearby hills and fields. This gave her the idea to spread lupine seeds everywhere she went to help make everything "more beautiful."

Well, after reading this charming story I decided to try my hand at planting lupines. I tried seeds first to no avail. I then purchased a plant at a local plant sale and it actually took and gave me one beautiful purple lupine! I was so proud of it. Then the next year we had work done on our fence near where the lupine was planted and the workers trampled it into the dirt never to be seen again. I gave up on lupines for many years until three years ago when I found some seeds in our freezer that had been given to my Mother. I followed the instructions on the package and was rewarded with one white lupine! The next year it did not return and I was discouraged. Then last year, before my very eyes, a dozen purple lupines bloomed in a patch I had forgotten about. They were tall, and regal, and just gorgeous and I actually harvested their seeds when the pods dried and I will be planting them this May! I am anxious to see if last year's lupines

will return, but even if they don't I am going to continue to plant seeds every year to cultivate my patience as well as my garden.

Now, if you don't have lupines in your yard but wish to see these gorgeous flowers in person, there is a Lupine Festival every year in Sugar Hill, New Hampshire. This year's festival is June 8-9, 2019. More info on the event can be found here: https://sugarhilllupinefes.wixsite.com

Even if you can't make it for the actual festival you can still take a drive during the first two weeks of June to see these remarkable blooms in many fields and gardens in the area! You could even take

> along a picnic lunch or stop at the everpopular Polly's Pancake Parlor for a bite. Seems like a great way to spend a summer day!

> Oh, and if you're wondering why my Mother put the seeds in the freezer, it was to trick them into thinking they have been through a New England winter! This way they would hopefully take better in the soil during our cold months and bloom again the following year.

Melissa Rossetti Folini is a writer, retired Library Director, photographer, and licensed Zumba Fitness instructor. She is the author of "Story Times Good Enough to eat," several published short stories and poems centering on the highlights and humor of living in the Granite State. Melissa has also been repurposing and selling collectibles, antiques, crafts and homemade goodies for 3 decades in various shops around New Hampshire and occasionally out of her home in Southern NH. Melissa's current projects, writing snippets, and shop items for sale can be found on her Facebook page https://www.facebook.com/MelissaFoliniBLW or follow her on Instagram https://www.instagram.com/melissarf15





By Dave Emigh

My wife, Jill and I, have shopped and looked for treasures in thousands of different antique stores, shows, and sales. Shopping each type of venue is different but through our observations, we have developed some tips that we are happy to share.

These tips seem to organize themselves into three topics. They include navigating through a store, using the owner as a resource, and making a record of your finds.

#### Navigating through a store

Shopping studies show that customers seem to automatically turn to the right upon entering a store. We are aware of this at Shady Lawn Antiques, but the only physically logical place for our checkout area is to the right of the door. It is amazing to have people enter the store, see us to the right, and then ask, 'which direction should I go?'

Our response is "which ever direction is most comfortable for you, but most people seem to go left first." This interaction does actually give us the opportunity to describe the type of items that are located in each section of our store. Since we own our entire inventory, we are able to group similar items together in coherent displays and we can point out their locations.

Jill and I have found that if we really want to see everything in another shop, we will take a second look around. However, the second time, we walk around in the opposite direction. Items that are fanned out, staggered, or displayed even at slight angles are more obvious when viewed from a different point of view.

Another tip is to make sure to look at all levels in a shop. It is only natural that shoppers focus most of their attention at eye level. Savvy and/or experienced antique dealers respond to this by displaying their best items at that level.

Sign collectors, however, automatically focus on walls above eye level, because that is where most signs are hung. That being said, one of the best signs that I have ever found (in an antique shop) was on the floor leaning against the wall. I guess that adds credence to the phrase 'I've been looking and high and low…'

#### Shop owners are a great resource

Don't hesitate to engage in a discussion with an antique dealer. I have never met one that is a 'high pressure' salesman. Owners are proud of their inventory and are happy, perhaps even eager to talk about it. Just ask them "what can you tell me about this piece"?

Let the owner know what you are looking for. There may be one in the shop that you have over looked, or they may have one in storage. Antique dealers don't automatically buy every old thing that they see. So, when items are requested, it will increase the chances that the owner will buy one. For me, one of the first indicators of a new trend is when several individuals ask for the same item.

Some owners keep a list of requests and may take your phone number... but don't just wait for their call, check back with them from time-to-time. This reinforces that you are seriously looking for that item.

If you are looking for a specific type of furniture, it is especially important to talk to the shop owner. For example, we have several dozen pieces of furniture (in storage) awaiting restoration. We are happy to adjust our restoration schedule when we have a request.

#### Making a record of your finds

So, you've walked up and down all of the aisles, looked high and low, and found a few things that you would like to think about... there are several methods to record your finds.

The 'high tech' solution is to use your cell phone. At Shady Lawn, we encourage people to take pictures of the things that they are interested in. However, it is always polite to ask a shop owner if it is alright to take pictures.

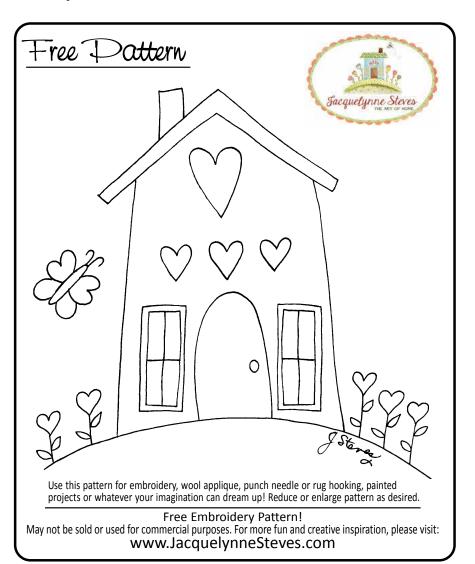
When I am visiting another shop, I like to take a picture of their business card, so that I have contact information. Then I photograph the item(s), along with measurements if necessary. When I want measurements, I will include a tape measure or a yard stick in the picture. Finally, I photograph the price tag. It will often have an inventory number and a description that will help in future communication with the shop owner.

The 'low tech' method is to draw a sketch and make notes. I normally use my phone, but I always carry several 3" by 5" index cards for notes. The cards are convenient because they are a little stiff (and therefore easy to write on) and they fit easily into my check book.

When a Shady Lawn customer asks to borrow a tape measure, I often grab a note pad and follow along. I'll do a quick sketch and add the dimensions as they are taking them. It is fun, and it gives me a chance to use the skills I developed when I was a community college drafting/engineering instructor.

I hope that these tips are valuable to you, on your next antique shopping adventure.

Dave Emigh is the owner of Shady Lawn Antiques and is a fifth generation 'Walla Wallan'. Glimpses of the ever-changing Shady Lawn inventory can be seen on Facebook. Shady Lawn is located at 711 N Rose & Sumach in Walla Walla, WA. The shop is open for business Wednesday through Saturday from 10am to 5pm.



# Pieces From My Lleart by Jan Keller

### A Hand To Hold

I can easily recall trudging through errands and shopping with my two little boys, Maury and Mickey, who each wanted to hold one of my hands.

At the time I didn't relish the magic of the moment. It never occurred to me that it was merely a phase that would all too quickly pass.

Soon the shopping became easier because my sons went off, out in the world to explore their own interests. As they grew, interspersed through the tapestry of ordinary days are rich memories. Memories indicating there were times when Mom's hand continued to be nice to hold.



Even though Mickey never used to like spending the night away from home, sometime during the third grade he decided to give it a try by staying overnight with his friend Scotty.

Everything progressed as planned—but only until it got dark outside. That's when Mickey started to worry and Scotty's mom Jeanie had to calm Mickey's fears so play could continue.

It was past 10 p.m. when our telephone rang and we heard Jeanie saying, "I think you better come and get Mickey. He hasn't been very happy since he changed into his pajamas."

When I arrived for his rescue, Mickey already had his things packed and he was waiting. Together, hand in hand, we walked to the car and headed home.

On Mickey's fifteenth birthday, both of our sons were in a serious car wreck. Maury, Mickey and two of their friends had been hit by a drunk driver.

That night as they lay in the emergency room at the hospital, all we could do was be grateful and hold each other's hand.

Just a few months before Maury's high school graduation, he needed the reassurance of holding onto my hand. Maury, then eighteen, was very sick and in the hospital—experiencing how very frightening it is when his every breath is a labored struggle.

At the end of one of those long days, Maury's pleading eyes became brimming with tears as I gave him hugs and kisses and told him I would see him early the

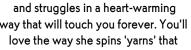
As his hand slowly reached up for mine, he simply said, "Mom, don't go." Instantly my plans changed.

Through the years, this mother has learned to relish the magic of the everyday moments. And now that my boys are all grown up with children of their own—and have bestowed the title of grandmother upon me—I know how special it is to simply have a hand or two to hold.

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## Become Inspired! Decorating, Entertaining and Living in the Early American Style

By Annice Rockwell

#### A Season of Natural Abundance

The month of May is usually a busy but welcomed time for a country homeowner. With the season of winter being a distant memory and the transitional month of rainy April behind us, we tend to appreciate the days of sunny warmth as they afford us a well-earned chance to work outside as we prepare our yards for a season of growing and a season of natural abundance.

For those who feel a sense of reward from hard work and consistent nurturing, a vegetable garden provides not only plentiful produce during summer and fall months, but a feeling of being self-reliant. Time spent during the end of spring working and planting garden beds is truly time well-spent. As rows of seeds begin to break through the carefully tended earth there is an inevitable feeling of promise in nature's gift. And as the tiny sprouts become more sturdy and recognizable plants we can begin to imagine all of the summer meals that will be enhanced by nature's hand.

#### **Soulful Simplicity**

Whether it is a fresh zucchini and heirloom tomato salad blended with olive oil and fresh ground pepper as a refreshing summer lunch or a batch of large dark green peppers stuffed with fresh herbs, rice and beef baked to be enjoyed as a hearty meal, there is always something soulfully pleasing about harvesting your own food. There is a sense of simplicity that accompanies this special country blessing and the pace of our days begins to feel more in keeping with nature.

#### **Stepping Back in Time**

As the weather gets warmer we also have a chance to enjoy special country antiquing events that are hosted by seasoned shop owners. Many of these spring shows feature gatherings of antiques dealers and craftsmen who set up under tents on a warm spring day to offer their wares for sale. Huge country harvest tables filled with decorated salt glazed stoneware and antique gathering baskets alongside a table filled with hand-crafted redware or hooked wool rugs that were made by hand over the winter are displays that are truly appreciated by the country shopper. Sipping lavender lemonade while browsing through antiques and listening to the live music of a happy fiddle, one feels as if they are stepping back to a much simpler time.

The season of spring is a time of joy and a time of country blessings. The now vibrant landscape surrounds us with nature's reminder that renewal and growth are the rewards for our patience and our faith that the spectacular beauty of this time of year will always return to us.

Annice Bradley Rockwell is an educator and owner of Pomfret Antiques. She is currently working on her book, New England Girl. NewEnglandGirl2012@hotmail.com



A few weeks ago after struggling with a quilt that simply would not co-operate, a thought flashed through my mind: Why am I doing this? In fact, why would anyone quilt? Seriously. I began to consider the question. Seriously. Originally, making quilts from good scraps of worn-out clothing was an economic necessity for many households who could not afford to waste anything. This is rarely the case today, so why are there still so many quilters, young and old?

Upon reflection, I realized there are almost as many reasons for quilting as there are quilters. Every person, deep down and often well hidden, harbours a streak of creativity which may manifest itself in quilting, an activity which allows one to choose or originate patterns and to arrange colours. Many people, myself included, are fascinated by colour with its limitless permutations and combinations and its effect on emotion. Colour permeates our lives: restaurants choose their décor colours and lighting to influence their customers. Wearing certain colours, different for everyone,

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Step inside Primitive Thymes and see all that is Primitive...Antiques and so much more. gives us a sense of wellbeing. Those of a "certain age" will remember the popular book Color Me Beautiful and its spinoffs.

Certain grandmothers, aunts and friends, although they have never quilted before, cannot resist making a quilt for a special baby. They may never make another one, but chances are that they'll be hooked and will make more, possibly for subsequent family members or others. It's possible that they will join countless others to broaden their group of recipients to include "charity" or "comfort quilts" for sick or needy children (think the 1,000,000 pillow case challenge) wounded veterans (Quilts of Valour), the homeless and disaster victims... and so many more.

Some of us want to leave quilts as legacies for future generations whose graduations, weddings and other rites of passage we will not be here to attend.

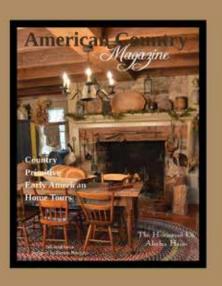
People who simply must follow trends often enter the quilting world in their quest to keep up with their friends. Inevitably some of them will leave, but more will stay until quilting is not a novel new craft, but a way of life.

To others the benefits of quilting are less tangible but no less important – companionship, common goals and social contact. Anyone who has ever belonged to a quilt guild can attest to the joy of sharing skills, information and time with other like-minded people. No matter how old one is, there is always something new to be learned, and that is an attraction for many. It has been said that to stop learning is to stop living.

And a talented and devoted few, competition quilters, create original projects that the rest of us can only admire from afar as they win some of the thousands of dollars in competition prize money available from many sources – from small local fairs to sponsored prizes of thousands of dollars from large companies and organizations. Prize money is a tangible reward, but it's not hard to imagine that the resulting satisfaction and recognition are just as important to the winners as the money.

What are your reasons for quilting?

Barbara Conquest writes her column from Blue Sky Quilting in Tofield, AB. © Barbara Conquest.



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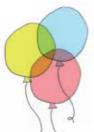
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## The Country Register



### Szechuan Chicken

from Barbara Floyd's Kitchen

I could not tell you how many double and triple batches of this recipe I have made since my sister JoAnn submitted it from a mutual friend to our family cookbook which printed in 1993. It was simple to make and always delicious. JoAnn liked cooking the least of us four sisters but everything she made was done strictly by recipe. Ah, that may have been her secret to always putting good food on her table. I have three daughters and we all love the kitchen. The middle one cooks strictly by recipe. It is an interesting concept for those of us who open the refrigerator and make something happen. Or we use a recipe and do a lot of substituting depending on what's on hand. My exception to this rule of creating cooking is baking. Follow the recipe and only make alterations that are reasonable and proven.

3 T. soy sauce

1 T. cornstarch

2 large chicken breasts, boned and skinned in 1/2" cubes

1 T. dry sherry

2 t. sugar

1 t. vinegar

1/4 C. oil

1 t. crushed red pepper flakes

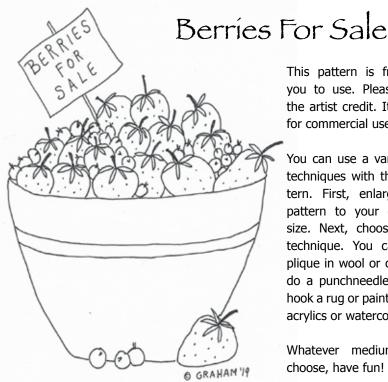
2 green onions sliced

1/2 t. ground ginger

1/2 C. salted peanuts

Blend cornstarch and 1 T. of soy sauce in bowl, mix in chicken and set aside. Combine 2 T. soy sauce, sherry, sugar, vinegar, set aside. Heat oil. Add chicken and red peppers, stir. Fry 3 minutes and remove chicken making sure it is cooked all the way through, fry onions and ginger for 1 minute, add chicken, remaining soy mixture and stir well. Add peanuts. Enjoy over rice or rice noodles.

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You can use a variety of techniques with this pattern. First, enlarge the pattern to your desired size. Next, choose your technique. You can applique in wool or cottton, do a punchneedle piece, hook a rug or paint in oils, acrylics or watercolors.

Whatever medium you choose, have fun!

Designed by Kathy Graham

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